1. Describe every method/technique you used to prepare for your quiz/test.

2. Did you receive assistance from anyone (parents, friends, teachers, etc.) while preparing for your quiz/test? If so, explain how they assisted you.

3. On the scale below, circle the number that represents the amount of time/effort you put into studying for the quiz/test (one being you did not study at all and ten being that you have never studied so hard for anything before). Explain why you gave yourself that particular rating.

   13 25 46 7 9 81
   No Studying Tons of Studying

4. What grade do you think you will receive on the quiz/test? Explain your reasoning.

5. Based on your efforts regarding this quiz/test, what, if anything, would you do differently next time when preparing for a quiz/test?