

Name: _____

Section: _____

Reflection and Goal-Setting

Part 1 - Last Year's Science Class

Directions: Consider the following and reflect on yourself as a student in last year's science class. Rate yourself using the five point scale. **BE HONEST!**

(Circle the rating that applies)

	Poor	Fair	Good	Very Good	Excellent
1. Class-work Completion	1	2	3	4	5
2. Homework Completion	1	2	3	4	5
3. Alternative Assessment/Project Completion	1	2	3	4	5
4. Studying	1	2	3	4	5
5. Working in Groups	1	2	3	4	5
6. Understanding of Content	1	2	3	4	5
7. Classroom Behavior	1	2	3	4	5
8. Relationship with Teacher	1	2	3	4	5
9. Showing Responsibility	1	2	3	4	5
10. Being Prepared	1	2	3	4	5
11. Effort	1	2	3	4	5
12. Quality of Work	1	2	3	4	5
13. Enjoyment	1	2	3	4	5
Final Report Card Grade <i>(What you earned last year)</i>					

Part 2 - This Year's Science Class

Directions: Consider the following and use the five point scale to set reasonable goals for yourself as you prepare for a new year of science. Additionally, provide at least one objective (behavior or strategy) that may help you achieve your goal (aim or purpose).

(Circle the rating that applies)

	Poor	Fair	Good	Very Good	Excellent
1. Class-work Completion	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
2. Homework Completion	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
3. Alternative Assessment/Project Completion	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
4. Studying	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					

5. Working in Groups	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
6. Understanding of Content	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
7. Classroom Behavior	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
8. Relationship with Teacher	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
9. Showing Responsibility	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					

10. Being Prepared	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
11. Effort	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
12. Quality of Work	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
13. Enjoyment	1	2	3	4	5
<i>Objective(s):</i>					
<i>End of Year Reflection</i>					
Final Report Card Grade <small>(What you hope to earn this year)</small>					
<i>End of Year Reflection</i>					

Additional Goals: